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## SIGNING ON THE DOTTED LINE

HALIFAX HOCKEY STANDOUT LIAM O'BRIEN INKS THREE-YEAR DEAL WITH THE WASHINGTON CAPITALS

PAGE 21



## Plaintiffs fear delays in \$34M settlement

Plaintiffs joined suit later to absorb legal fees

PAGE 3

## Voting for the Community Carrot Co-op

Members choose what fills Göttingen grocery

PAGE 4

# All the world's a stage (except that building)

**Park Place Theatre.** Council to debate proposal to demolish former home of Shakespeare by the Sea

### Costs

- **\$50,000:** The estimated cost of demolishing the Park Place Theatre
- **\$125,000:** The estimated cost of renovating the building as office space

The beloved theatre group whose Point Pleasant Park headquarters were damaged by fire earlier this summer is asking regional council to not demolish the building until more details have been established about a proposed new home.

"We don't want them to knock down the building ... without a real plan as to what we need and what other potential groups that could use the building might need," said Shakespeare by the Sea's co-artistic director Jesse MacLean Monday.

A report going to council on Tuesday states that in the wake of a fire in early June, inspectors found the 45-year-old Park Place Theatre wasn't up to code in several areas — including the roof, the water supply and sprinklers.

The estimated cost of bringing the building up to code is \$600,000. The report recommends demolishing the building, and proceeding with a needs assessment for a new indoor theatre space, as spelled out in the 2008 Point Pleasant

Park plan.

MacLean said a new building is "a dream" for SBTS, but said the group would like the needs assessment to come before demolition of the existing building.

"We've asked or suggested that could be a 90-day window to do an assessment," he said. "And then that would lead us to the near to medium term knowing where we're going to be, at least up until next season."

Following a meeting with SBTS Monday, Coun. Wayne Mason said via Twitter he'll ask council to approve the office space renovations. Because the building can't be used as an indoor performance space, Mason said in an earlier interview, the city should also help find a suitable space for rain-date performances until the new building is constructed.

RUTH DAVENPORT/METRO



## K-9S TURN CONSTABLES

Const. Steeler of the Halifax Regional Police K-9 unit looks up at his partner, Const. Phil MacDonald, after being given a badge during a ceremony at Halifax Regional Police headquarters on Monday. Steeler, a German Shepherd, was one of eight dogs to earn their constable badge. Story, page 6.

JEFF HARPER/METRO



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## FIVE THINGS YOU NEED TO KNOW TODAY

1

### NIKKI YANOFSKY IN HALIFAX

Canadian jazz and pop music star Nikki Yanofsky performs in Halifax Jan. 19 at the Rebecca Cohn Auditorium. Tickets go on sale Friday at noon for between \$41 and \$54.50.

2

### SABLE ISLAND

A new permanent Sable Island exhibit at the Nova Scotia Museum of National History opens Wednesday at 7:30 p.m. It's called Sable Island: Over the Dunes, Beyond Wild Horses.

3

### GALLIANO TO MAKE COMEBACK

It's confirmed: John Galliano is making his comeback at Maison Martin Margiela. According to Women's Wear Daily, Galliano is expected to present his collection next January.

4

### GILLER PRIZE

Miriam Toews, David Bezmozgis, Frances Itani, Sean Michaels, Heather O'Neill and Padma Viswanathan are the finalists for the Scotiabank Giller Prize. The winner will be announced Nov. 1.

5

### LUNAR ECLIPSE

If you missed April's lunar eclipse, now's your chance for a do-over. Tomorrow just before dawn, if the skies are clear, North Americans will have prime viewing of a full lunar eclipse.

# Plaintiffs in abuse case worried over questions about legal fees

**Home for Colored Children.** Judge says precedent needed for plaintiffs who joined suit in later years to absorb legal fees

Three people who allege they were abused at the Nova Scotia Home for Colored Children are worried a judge's questions over legal fees might delay payouts in a \$34-million settlement.

Judge Arthur LeBlanc of the province's Supreme Court has asked the law firm that represents the plaintiffs to provide a legal precedent to support their proposal to have people who joined the lawsuit in later years absorb some of the legal costs of early claimants.

"If you find me a case that will help me out, I'll be grateful," said LeBlanc during Monday's hearing.

He adjourned without ruling whether the lawyers should be paid the \$6.6 million in legal fees they're requesting from the settlement,



Halifax lawyer Ray Wagner poses for a photo in his office last year in this file photo. JEFF HARPER/METRO FILE

saying he would await a written response from Ray Wagner's law firm.

The process to begin payouts from the settlement was scheduled to start Friday.

Former residents said outside court they're concerned about the latest legal wrinkle.

"It is significantly important for us to move forward ...

because this can create a lot of chaos and a lot more harm to us," said Tony Smith, a co-chairman of a group that represents former residents.

Smith was among the 63 early individual plaintiffs in the case who filed lawsuits over the alleged abuse between 2001 and 2003. He and those other claimants were

later absorbed into a class-action lawsuit launched in 2007 that has grown to between 300 and 350 claimants.

Michael Dull, one of the lawyers in the case, says early applicants such as Smith incurred about \$500,000 in legal expenses as the Ray Wagner firm did studies, conducted appeals and hired outside ex-

#### Quoted

"It's a time for our brothers and sisters to be moving forward and starting the healing process."

Harriet Johnson, one of the complainants

perts prior to 2007.

Smith said it would be unfair to make him pay tens of thousands of dollars in legal bills incurred during the early years — as he pioneered the lawsuit — while later claimants pay no share of those early expenses.

Tracey Dorrington-Skinner, another former resident, said the law firm's plan — to claim about 19.4 per cent of the \$34 million — is fair.

"The lawyers could have asked for more," she said.

The Nova Scotia Home for Colored Children came to a \$5-million settlement with the plaintiffs in July 2013. One year later, the provincial Supreme Court approved a \$29-million award from the province.

THE CANADIAN PRESS

11 NEWS



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Louise Brigham tidies up the produce section at the newly opened Community Carrot Co-op on Monday. JEFF HARPER/METRO

# New bunch goes against the grain

**The Community Carrot Co-operative.** Gottingen grocery lets shoppers have a say



**HALEY RYAN**  
haley.ryan@metronews.ca

For the first time in decades, shoppers wandered among colourful displays of pears, spinach, meat and bread on Gottingen Street, as sunshine lit up the storefront Monday afternoon.

The Community Carrot Co-operative opened its doors at 2063 Gottingen on Satur-

day, purchased with funds from an Aviva Insurance contest about two years ago.

"The more I can shop on foot, the better," said Tom Beveridge, who has lived on nearby Falkland Street for the past four years.

Beveridge said he likes the Carrot, and, although it's a small space, the co-op seems to have "pretty much everything."

General manager Terry Parsons said more than 500 people checked out the co-op over the weekend.

It now has sold 250 memberships, Parsons said. Those who bought one have a say in what the Carrot brings in, and can also access deals.

## Welcome

A grand opening for The Carrot is set for November.

Parsons said the Carrot's model includes a board of directors and allows members to vote, which means no corporate office "dictating how we do this or that."

"It's a co-op owned by the people of this area. That's what's different."

The Carrot is focused on getting produce and food "as local as they can," Parsons said, adding that the co-op can place small orders since it's not as worried about profit

margins as big businesses might be.

"We can order six; we don't have to order 60 or 600," Parsons said. "If it sells, great; if it doesn't sell, then we won't bring it in again."

Dan Vorstermans, Field Guide co-owner, checked out the space Monday and said that although Gottingen has been getting a reputation for dining out, restaurants can't be the only draw.

"We need a grocery store, the Propeller Brewery, just a diverse group of businesses to open for the neighbourhood to be really livable," he said.

"I'm really happy that things like this are opening up."

## Hip coming to Halifax in spring

Believe it fully and completely: The Tragically Hip will come to Halifax as part of an upcoming North American tour.

The Canadian rock legends will kick off the Fully and Completely tour this January to commemorate the re-issue of their 1992 album.

Fully Completely reached No. 1 in Canada and sold more than a million copies. It contained hit singles such as Courage (For Hugh McLennan), At the Hundredth Meridian, Looking For A Place To Happen, Wheat Kings and Fully Completely.

The Hip are set to come to

Halifax's Scotiabank Centre on April 11, when the band will play through the complete album.

Tickets go on sale Oct. 18 at 10 a.m. and range from \$37.50 to \$100.50, including tax. They are available through Ticket Atlantic and [sonicconcerts.com](http://sonicconcerts.com). **METRO**



The Tragically Hip lead singer Gord Downie. METRO FILE

# Sexual assault statistics still flatlining in Halifax

**Stagnant.** Regional police chief says the force has lots of initiatives underway to deal with the issue; progress will be slow



**RUTH DAVENPORT**  
ruth.davenport@metronews.ca

The latest quarterly crime statistics in Halifax showed declines in several areas — but not, as has been the case since at least 2006, in sexual assaults.

That figure — which is never included as a distinct category on quarterly reports — was 239 from January to Aug. 31, exactly the same as in the year before.

“The short answer is, I don’t have an answer for you,” said Halifax Regional Police Deputy Chief Bill Moore when asked about the stagnant figures last week. “I’m comfortable in the fact that we have

## Quoted

**“We continue to have some dialogue around what needs to be done. And some of that is in progress, but it’s bigger than (when you) just snap your fingers and it falls into place.”**

Jackie Stevens, executive director, Avalon Sexual Assault Centre

## In numbers

# 262

The number of sexual assaults reported annually to Halifax Regional Police from 2006 to 2013 ranged from a low of 225 to a high of 262.

lots of things in flight, not so comfortable that we’ve brought them all together in one cohesive plan.”

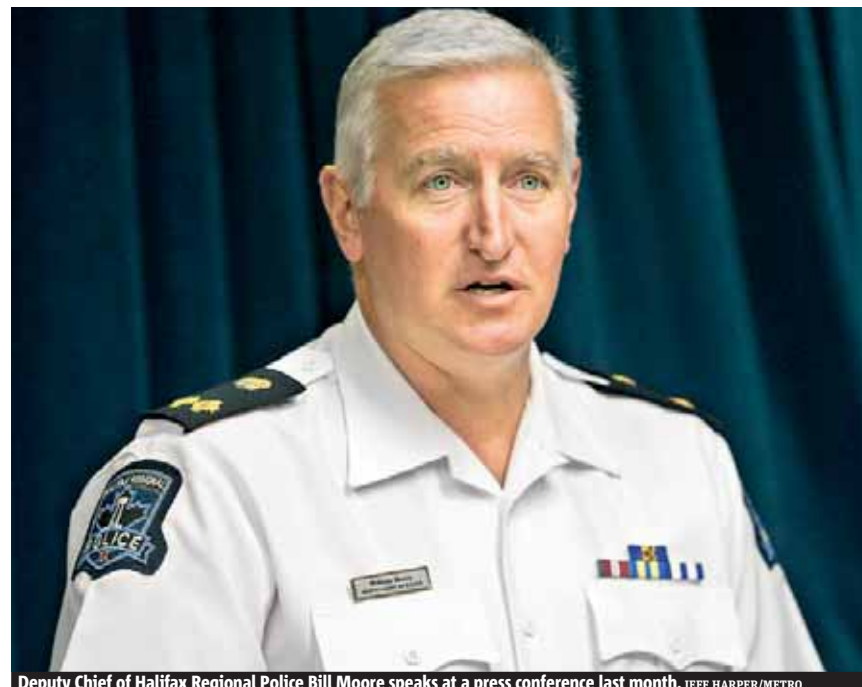
Don Clairmont highlighted the flatline in sexual assault statistics in a report on violent crime and public safety in Halifax presented to regional council in May, showing the annual figures remained roughly the same from 2006 to 2013, while the incidence of other crimes fell by as much as 50 per cent.

“Given the ... evident resistance to the factors effecting downward trends in other types of violence, one has to consider whether police and crown resources are adequate,” states Clairmont’s report.

Moore said sexual violence was declared an “operational priority” of HRP for the first time this year, and work is ramping up on several initiatives in prevention, intervention and enforcement.

He said a first group of patrol officers has been trained in a trauma-informed response, which emphasizes setting aside judgment when responding to a sexual assault.

“Unfortunately in some cases, our response to sexual assaults made the victim



Deputy Chief of Halifax Regional Police Bill Moore speaks at a press conference last month. JEFF HARPER/METRO

feel worse than before we got there,” said Moore.

Jackie Stevens, executive director of Avalon Sexual Assault Centre, said staff first engaged HRP in the early 2000s after getting “overwhelming” complaints from victims about a negative police response. Since then, Stevens said, the force has been increasingly open to collaborations to change its response to sexualized violence.

She said the addition of an investigative unit devoted specifically to sexual assaults

was an encouraging step, and another occurred more recently when police messaging in the wake of sexual assaults shifted from telling victims how to be safe to warning perpetrators that they would face consequences.

“When there is that validation that people have the right to safety and ... they don’t deserve to be victimized. That is huge in a world that does tend to blame people for their victimization,” said Stevens.

On an issue as complex

as sexualized violence, both Moore and Stevens said police statistics will never be a true indicator of progress, leaving police to grapple with anecdotal feedback as benchmarks and “helping to improve the individual experience” as a goal.

“We know in some cases we may not have enough to charge,” said Moore. “But we can still, from the very beginning, help that victim to be able to move to wherever they need to move to for their own personal satisfaction.”

## New measures

**N.S. Power to text message customers to provide updates on outages**

Nova Scotia’s public utilities regulator says Nova Scotia Power will adopt new measures to prevent a recurrence of the communication snafus that happened after post-tropical storm Arthur caused widespread power outages in July.

The province’s Utility and Review Board says the utility company has agreed to most of its 32 ideas, including a recommendation that would see Nova Scotia Power send text messages to customers experiencing outages.

The board also says the company will overhaul its automated telephone line to provide individualized outage restoration times to callers.

In addition, the board is calling for a revamped interactive outage website map that won’t crash when a major storm moves in and Internet traffic goes up.

Post-tropical storm Arthur hit the province on July 5, leaving about 245,000 customers without power, some of them for up to eight days.

The utility faced intense criticism after its outage website crashed, its customer service phone lines were jammed and customers were repeatedly given erroneous information about when power would be restored.

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# HALIFAX

# That's Const. Canine to you

**They have a nose for the job.** Police dogs follow horses in receiving constable badges for service



HALEY RYAN

haley.ryan@metronews.ca

For Const. Phil MacDonald, having his partner finally receive a Halifax Regional Police badge is a pawstive thing.

On Monday afternoon, MacDonald pinned the collar of his K-9 partner, Steeler, with a constable badge during a ceremony with police Chief Jean-Michel Blais to honour the force's eight canine members.

"We're really excited," MacDonald said on the steps of the Gottingen Street headquarters as Steeler lay down a couple feet away.

"It's a closer bond because we're very much a team.

We're very much dependent on each other."

The German shepherds are purchased from a broker in Europe for around \$8,000 when they are 12 to 16 months old, MacDonald said, and their police handler trains them for the next six months until they are ready for active duty.

The K-9 position is a "sought-after" one, MacDonald said, although there's a lot of effort that goes into working with a dog 50 to 60 hours a week on top of living with them.

"Fitness is very, very important for them ... When we track, he's pulling me," MacDonald said.

Blais said the event had been planned since there had been some "badge envy" around two police horses re-

ceiving badges while the dogs didn't have any.

"It only made sense that they would also receive a badge for the excellent work that they do," Blais said during the event.

The dogs are certified in tracking, article searching, building searching, and apprehension, Blais said.

Four dogs are also certified in narcotics detection, and three in bomb detection.

MacDonald said while Steeler might get a Timbit now and then for a job well done, he shies away from teaching him tricks because it's important the dogs see their police work as "play."

"We don't want to change that in any direction," MacDonald said.

"The capture is the reward."

## All in a dog day's work

**"It can be challenging, but it's a very rewarding job."** Const. Phil MacDonald



Const. James Cooke scratches his partner Vinnie's chest prior to a ceremony presenting the K-9 unit with badges at Halifax Regional Police headquarters on Monday. JEFF HARPER/METRO

## Removal of MV Miner wreck continues off Scaterie Island

The scenic shores of Scaterie Island have been transformed temporarily into a bustling industrial work site, as a crew of 30 work to dismantle the derelict MV Miner.

A group of 20 — including government officials, media, and members of the local Main-a-Dieu community — were given a tour of the site Monday.

Antigonish firm R.J. MacIsaac Construction was awarded the \$12-million contract to remove the vessel. The project is being overseen by Nova Scotia Lands.

The ship became stranded in September 2011 off the coast of Scaterie Island, a provincially protected wil-



The view from the top deck of the MV Miner shows the work site on Scaterie Island on Monday. CAPE BRETON POST

derness area, after a line snapped in rough seas while it was being towed from

Montreal to a scrapyard in Turkey.

CAPE BRETON POST

## Some rough waters

### Nova Star CEO gives first season passing grade, barely

The inaugural sailing season of Nova Star comes to an end with its last sailing on Thanksgiving Monday.

While many in Yarmouth are thankful for the restoration of ferry service between Nova Scotia and New England, people are now looking ahead to the second season and what it will bring.

Asked to rank the first season on a scale of 1 to 10, Nova Star Cruises CEO and

president Mark Amundsen gave it a five.

"We didn't envision the months of May and June, which were painful, and July was finally building. It took us to get into August before we got close to where our business plan was," Amundsen said.

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## Land. Province signs deal to preserve access to Shubenacadie Canal

The Nova Scotia government has signed a land agreement that it says will preserve public access to a portage route regularly used by paddlers who canoe on the Shubenacadie Canal.

Natural Resources Minister Zach Churchill says the agreement allows the province to take ownership of enough land that people will still be able to use the portage route in Fall River.

Churchill says the Shubenacadie Canal Commission will also receive \$35,000 to help manage and maintain the Shubenacadie waterway, which is home to a historical lock used in the original Shubenacadie Canal system in the mid-1800s.

The government says the landowner of a neighbouring property was trying to claim at least a portion of that land under the Limitations of Ac-



Zach Churchill  
YARMOUTH VANGUARD

ownership.

The commission raised alarm bells earlier this year that public access to the waterway could be lost if the claim was approved.

The government says the landowner eventually agreed to alter her land claim to allow for public access to the route between Lake Thomas and Fletchers Lake.

The area off Fletchers Lake is protected under the province's Special Places Protection Act, which protects historical sites. **THE CANADIAN PRESS**

tions Act, where land can be claimed if the owner can prove they have occupied it in a way that clearly shows



## Unmistakable sign of fall

Leaves were starting to change in Point Pleasant Park on Monday. Temperatures reached 17 C in Halifax, and Environment Canada is calling for another mainly sunny day on Tuesday. **JEFF HARPER/METRO**

## Acadians. Debate over electoral boundary changes goes to court

The Acadian Federation of Nova Scotia says it is satisfied with the provincial government's decision to ask the Court of Appeal for an opinion on revisions to electoral boundaries.

The group launched a legal challenge in an effort to overturn electoral boundary changes that it argues will reduce francophone representation in the legislature.

The case is centred on the merger of three ridings — previously known as Clare, Argyle and Richmond — that were intended to represent Acad-

### Intervenor

The federation says it plans to ask for intervenor status with the Appeal Court process.

ian populations with other ridings.

The province's attorney general is seeking the Appeal Court's opinion to determine whether the abolition of those three ridings violates the Charter of Rights and Freedoms. **THE CANADIAN PRESS**

**Review.** Environmental group had previously backed government's renewed moratorium

### Quoted

**"The definition of hydraulic fracturing covered by the bill determines the extent of the ban. The definition should be in the bill itself."**

Gretchen Fitzgerald, Sierra Club

A coalition of environmental groups opposed to hydraulic fracturing in Nova Scotia says legislation that would ban the practice is seriously flawed.

The group had initially applauded the province's Liberal government when it announced a renewed moratorium last month through amendments to the Petroleum Resources Act.

But the Nova Scotia Fracking Resource and Action Coalition said Monday a closer review of a bill tabled last week has revealed shortcomings when it comes to a definition for fracking, community consent and exemptions for research.

Gretchen Fitzgerald of the Sierra Club said by defining fracking in regulations rather

than in the bill, the government is allowing the energy minister to make changes without public debate or a vote in the legislature.

The coalition also said the bill does not include a requirement for community consent before fracking is permitted, which was a key recommendation from an expert panel re-

view done for the government.

As well, the coalition is critical of the bill because it's specifically aimed at high-volume hydraulic fracturing in shale rock formations.

Coalition member Mark Tipperman said that creates a loophole for companies hoping to crack for oil or gas in different types of sand or rock.

"Unconventional gas and oil development occurs not just in shale formations but also in tight sands and coal beds," the coalition says. "The risks arising from fracking in these other formations are similar, if not identical, to fracking shale."

**THE CANADIAN PRESS**



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# Canada debates role in ISIS battle as fighter jets prepare for takeoff

**Fog of war.** House of Commons set to approve deploying aircraft to Iraq as concerns raised about civilian casualties

Canadian CF-18s will soon be heading off to war in Iraq, leaving Parliament and the public in a fog about some key elements of the military commitment — notably what efforts will be made to limit civilian casualties.

The House of Commons stands poised to approve a motion, likely on Tuesday, that would deploy six fighter-bombers, two CP-140 surveillance planes and one refueling aircraft for coalition air strikes in Iraq for up to six months.

The Harper government was mute during Monday's debate about what precautions would be taken to



A U.S. soldier begins his journey home at the end of the U.S. military mission in Iraq in 2011. Canadian fighter jets will soon be sent off to war in Iraq, as the House of Commons stands poised to approve a motion that would deploy aircraft to the country for up to six months. KHALID MOHAMMED/THE CANADIAN PRESS

prevent bombs from going astray and killing innocent people.

Defence Minister Rob Nicholson would only say

that the air force will "live up to the highest standards."

National Defence was asked what sort of legal agreements were in place to

protect Canadian pilots from possible accusations of targeting civilians.

A spokeswoman for Nicholson, Johanna Quinney,

would respond with only the blanket assurance that the air force is "authorized to strike (ISIS) in the Republic of Iraq." Green party Leader Eliza-

beth May questioned the effectiveness of airstrikes, citing published reports from the region quoting Kurdish fighters who say the airstrikes have failed to slow ISIS's advance.

"They scattered and reform after the jets leave," said May, who asked for evidence that the bombing runs would prove effective.

She wondered whether "the planned mission will do anything other than to fall into the trap (ISIS) has set to get us involved for their propaganda and ongoing efforts to destabilize the region and encourage recruitment."

Also left unanswered by the debate was the question of under what circumstances Canadian aircraft would conduct missions over Syria.

Last week, Prime Minister Stephen Harper said such raids would only be done with the consent of the Syrian government.

THE CANADIAN PRESS

## Chicago. American teen charged after attempting to fly to Syria to join ISIS

An American teenager who expressed disgust with Western society was arrested at a Chicago airport, from where he intended to travel to Turkey so that he could sneak into Syria to join the Islamic State of Iraq and al-Sham (ISIS) group, according to a criminal complaint released Monday.

Members of the FBI's Joint Terrorism Task Force arrested Mohammed Hamzah Khan, a 19-year-old U.S. citizen from the Chicago suburb of Bolingbrook, on Saturday at O'Hare International Airport. Khan is

charged with attempting to provide material support to a foreign terrorist organization, and a federal judge has ordered him held until a detention hearing Thursday.

According to prosecutors, Khan was trying to fly to Istanbul when customs officers stopped him at O'Hare's international terminal. While FBI agents interviewed him there, others executed a search warrant at his home and found documents he wrote expressing support for the Islamic State group. THE ASSOCIATED PRESS



Mohammed Hamzah Khan's parents leave the Dirksen federal building Monday in Chicago. Khan is charged with attempting to provide material support to a foreign terrorist organization. AL PODGORSKI/SUN-TIMES MEDIA/THE ASSOCIATED PRESS

### Japan

## Student suspected of planning to join terrorist group

Japanese police questioned a university student and several others Monday over suspected plans to travel to Syria to join the Islamic State of Iraq and al-Sham (ISIS) group, reports said.

The reported investigation by Tokyo police would be the first indication of possible support within Japan for the militant group. Tokyo Metropolitan Police declined to comment on the reports.

News outlets said investigators questioned a 26-year-old male Hokkaido University student and several men who shared a house with him on suspicion they were preparing to go to Syria to fight.

Investigators believe that the student, who is on a leave of absence from school, responded to a poster at a bookstore in downtown Tokyo offering positions for "work in Syria."

THE ASSOCIATED PRESS

## Kenya's president to step down during ICC hearing

Kenyan President Uhuru Kenyatta on Monday told the nation in an address before parliament that he would temporarily step down while attending a hearing at the International Criminal Court this week.

Kenyatta faces crimes against humanity charges at The Hague, Netherlands-based court for allegations that he helped instigate violence that followed Kenya's December 2007 presidential election, when more than 1,000 people were killed.

The court ordered him to attend a status hearing Wednesday, denying his request that he participate by video. The hearing would be the first time a sitting president attends an ICC session, a mark Kenyatta's political supporters have urged him to avoid.

Seeking to bypass that notation in history, the president on Monday said he would invoke a never-before-used article of the constitution that will see Deputy President William Ruto temporarily become president.



Kenyan President Uhuru Kenyatta  
BAS CZERWINSKI/THE ASSOCIATED PRESS FILE

The temporary abdication is Kenyatta's way of fulfilling the court order, but also insisting that he be a private citizen during the hearing.

In his speech, Kenyatta maintained his innocence, and said Africa's "century of exploitation and domination" by the West continues.

He said the accusations he faces occurred before he became president.

"It is for this reason that I chose not to put the sover-

### Witness troubles

The case against Kenyatta appears to be collapsing as witnesses refuse to testify or recant their statements, and a once-rocky relationship with the U.S. and Europe seems to be improving.

eighty of more than 40 million Kenyans on trial since their democratic will should never be subject to another jurisdiction," Kenyatta said.

George Kegoro, executive director of the Kenyan chapter of the International Commission of Jurists, lauded the president for following the rule of law. If Kenyatta had refused to go, he risked an international arrest warrant and international condemnation or economic sanctions against Kenya.

"If he had refused it would have destroyed our economy. The economy would not have recovered during his tenure," said Gitobu Imanyara, a lawyer and former legislator.

THE ASSOCIATED PRESS

## Inbound. Health officials debating additional Ebola screening at U.S. airports

American health officials said Monday the U.S. is weighing whether to institute extra screening at U.S. airports where travellers from Ebola-stricken African nations may be arriving, ahead of a White House meeting on the Ebola outbreak.

Dr. Anthony Fauci, director of the National Institute of Allergy and Infectious Diseases, said "discussion is underway right now" and "all options are being looked at." The question, Fauci told CNN, is whether "the extra level of screening is going to be worth the resources you need to put into it."

"There is clear-cut screening going on in the exit end," Fauci said, referring to the Ebola-affected countries' practice of screening outbound passengers before they



An MSF nurse dons personal protection equipment in Liberia's capital, Monrovia.

JEROME DELAY/THE ASSOCIATED PRESS FILE

leave. The current U.S. discussion, he said, centres on "what kind of screening you do on the entry end. That's something that's on the table now." **THE ASSOCIATED PRESS**

## Aid. Canadian military plane takes off with face shields for West Africa

Canada has sent a military cargo plane to West Africa to deliver protective medical equipment the World Health Organization badly needs there.

The federal government announced Monday that a Hercules aircraft left CFB Trenton, Ont., to transport plastic face shields used by health teams working on the Ebola response.

The plane was destined for Freetown, Sierra Leone, bearing 128,000 face shields donated to the WHO by the government of Canada.

The WHO had requested 300,000 face shields; another shipment will be sent within

### Grounded

"Some of the airline companies we contacted did not want to ship to that country."

Canada's chief public health officer Greg Taylor

the next week, the Public Health Agency of Canada said.

Last month the federal government announced it would make \$2.5 million in personal protective equipment available to the WHO for the Ebola response. **THE CANADIAN PRESS**

# Vaccine may be the only way: Experts

**Epidemic too large.** Specialists losing hope of containing Ebola

As West Africa's Ebola outbreak continues to rage, some experts are coming to the conclusion that it may take large amounts of vaccines and maybe even drugs — all still experimental and in short supply — to bring the outbreak under control.

Embedded in that notion is the reality that the catastrophic epidemic may remain unchecked for months, given that these products haven't yet been proven to be safe or effective in people, and won't be available in significant amounts any time soon.

"It is conceivable that this epidemic will not turn around even if we pour resources into it. It may just keep going and going and it might require a vaccine," Dr. Anthony Fauci, director of the U.S. National Institute of Allergy and Infectious Diseases, told The Canadian Press in an interview.

Earlier in the outbreak many experts insisted experimental vaccines could not be tested and produced in large enough amounts in time to affect the outcome. They stressed publicly — some still do — that the "tried-and-true" measures used to contain Ebola outbreaks in the past would eventually control this one.

Those measures are aimed at breaking the chains of transmission. The sick are housed in isolation units, where the only people they have contact



Nowa Paye, 9, is taken to an ambulance after showing signs of Ebola infection in the village of Freeman Reserve, about 50 kilometres north of Liberia's capital city Monrovia. **THE ASSOCIATED PRESS FILE**

with are garbed head-to-toe in protective apparel. Those who don't survive are buried in thick body bags, without the cultural rituals that often spread the disease.

Contacts of the sick are monitored for 21 days and are whisked into isolation if they start to get ill. People with Ebola are believed to be contagious only when they have symptoms, which is when you need to ensure they don't come into contact with others.

But this epidemic is so large

it has long since outstripped the capacity of responders to care for all the sick, let alone trace their contacts. People are dying at home, infecting their families in the process. Some are dying abandoned on streets, or outside the gates of over-full treatment centres.

On Sunday, Sierra Leone reported 121 deaths. That is more deaths in a single day than recorded in most Ebola outbreaks from start to finish. The World Health Organization says to date about 7,500

people are known to have been infected with the virus, and more than 3,400 have died.

"When (it) extends to thousands of individuals in multiple countries across borders and your health-care system is not functional, it is impossible to control it if that is your only intervention. That's my view," says Jeremy Farrar, head of the British-based Wellcome Trust, which has offered to fund clinical trials of a number of the experimental drugs and vaccines.

**THE ASSOCIATED PRESS**

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# Brain GPS project finds Nobel Prize

**'Grid cell.'** Discovery represents a paradigm shift in the knowledge of how cells work together

U.S.-British scientist John O'Keefe and Norwegian scientists May-Britt Moser and Edvard Moser won the Nobel Prize in medicine on Monday for discovering the "inner GPS" in the brain that helps us navigate through the world.

Their findings in rats — and research suggests that humans have the same system in their brains — represented a "paradigm shift" in the knowledge of how cells work together to perform cognitive functions, the Nobel Assembly said, adding that knowing about the brain's positioning system may "help us understand the mechanism underpinning the devastating spatial memory loss" that affects people with Alzheimer's disease.



Husband-and-wife team May-Britt Moser (left) and Edvard Moser in a laboratory in Trondheim in 2008. GEIR MOGEN/NTNU HANDOUT/THE ASSOCIATED PRESS

"This year's Nobel laureates have discovered a positioning system, an inner GPS in the brain, that makes it possible to orient ourselves in space," the assembly said.

O'Keefe, 75, of University College London, discovered the first component of this system in 1971 when he found that a certain type of nerve cell was always activated when a rat was at a certain place in a room. He demonstrated that these "place cells" were build-

ing up a map of the environment, not just registering visual input.

Thirty-four years later, in 2005, May-Britt Moser and Edvard Moser, a married couple at the Norwegian University of Science and Technology in Trondheim, identified another type of nerve cell — the "grid cell" — that generates a co-ordinate system for precise positioning and path-finding, the assembly said.

THE ASSOCIATED PRESS



## Jewish teens pedal in prep for Sukkot

In this photo provided by Chabad.org, 10 Chabad-Lubavitch teens on 'pedi-sukkahs' ride down Fifth Avenue in New York on Monday. The pedi-sukkahs are modified pedi-cabs with a Sukkah — a hut-like structure covered with bamboo — attached on the back. The goal of the parade is to create awareness for the upcoming Jewish holiday of Sukkot, a seven-day, biblically mandated holiday which begins Wednesday and ends after nightfall on Oct. 15. ITZIK ROYTMAN/THE ASSOCIATED PRESS

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Postmedia newspapers, including the National Post and Ottawa Citizen, are shown with Quebecor Media's Ottawa Sun on Monday. JUSTIN TANG/THE CANADIAN PRESS

# Postmedia buying big chunk of Sun Media

**Extra! Extra! Read all about it!** National Post owner has a \$316M deal to purchase Quebecor's English-language newspapers and websites

Postmedia is scooping up some of the country's largest newspapers and websites as part of an agreement to buy the English-language operations of Quebecor's Sun Media for \$316 million.

The move will make the owner of the National Post, and a slate of other digital

news properties, a significantly larger player in the print media industry as it moves to compete in the changing media environment.

Postmedia chief executive Paul Godfrey said Sun Media's digital news properties, including the Canoe website in English Canada, were key to the deal.

"Digital audiences are unbelievably valuable to this strategic acquisition," Godfrey told a news conference.

"Over time, our hope is that Canoe and all of the other related websites may very well become the jewel of the deal."

The deal includes 175 newspapers and publications, including the Sun chain of daily newspapers as well as the London Free Press and the 24 Hours dailies in Toronto and Vancouver.

The sale also includes part of the national sales team based in Toronto, Quebecor's Islington printing plant in Ontario and 34 real estate properties in Ontario, Alberta and Manitoba.

The purchase price is subject to a \$10-million adjustment related primarily to properties to be sold by Sun Media prior to closing, and other customary adjustments. **THE CANADIAN PRESS**

# Factory orders decline in Europe's biggest economy

German factory orders dropped sharply in August, led by a big drop in demand from abroad and cancelling out a large rise the previous month, official data showed Monday.

Orders in Europe's biggest economy were down 5.7 per cent compared with the previous month, the Economy Ministry said, a significantly worse showing than the 2.5 per cent drop economist had predicted.

The ministry said big-ticket orders were slightly below average and demand was hit by the timing of school

vacations in Germany, but conceded that demand was weakened by the "hesitant economic development" of the 18-nation eurozone and uncertainty caused by "geopolitical events" — shorthand for crises in Ukraine and the Middle East.

The previous month's data had sent a positive signal, with orders rising 4.9 per cent in July following two more modest drops.

"Besides technical factors largely causing this enormous swing ... we think that the first signs of fundamental weakness have arrived in the

German manufacturing sector," said Andreas Rees, an economist at UniCredit.

A closely watched survey of German business confidence has declined for the past five months amid fears caused by the persistent turmoil in Ukraine and sluggish growth in Europe and China.

The drop in August was led by a 9.9 per cent fall in orders from outside the eurozone, followed by a 5.7 per cent decline in demand from other countries in the eurozone. Domestic orders were down two per cent.

**THE ASSOCIATED PRESS**

## Rose \$3 billion

### WhatsApp? The final price of the messaging service

Facebook has completed its acquisition of the mobile messaging service WhatsApp for almost \$22 billion US, up from the original \$19 billion when the cash-and-stock deal was struck early this year thanks in part to the rising price of Facebook shares.

Facebook named WhatsApp co-founder and CEO Jan Koum to its board Monday. WhatsApp is by far the largest acquisition for the Menlo Park, Calif., company, and bigger than any deals made by Google, Microsoft or Apple.

**THE ASSOCIATED PRESS**

## Storied hotel

### Hilton selling Waldorf Astoria for \$1.95 billion

Hilton Worldwide is selling the Waldorf Astoria New York to Chinese insurance company Anbang Insurance Group Co. for \$1.95 billion US.

Hilton will continue to manage the storied hotel for the next 100 years as part of an agreement with Anbang.

The Waldorf Astoria New York has restaurants including Peacock Alley, Bull and Bear Prime Steakhouse and Oscar's.

**THE ASSOCIATED PRESS**

## Hewlett-Packard. Company splits in two in bid to stem tide of losses

Hewlett-Packard is splitting itself into two companies, one focused on its personal computer and printing business and another on technology services such as data storage, servers and software, betting that it can drive faster sales growth with more focused operations.

Hewlett-Packard, like other PC makers, has struggled as customers shifted toward smartphones and tablets and away from desktops and laptops. It also has been shifting its services business toward cloud computing opportunities as fewer customers opt for traditional data storage. The company has posted revenue declines in 11 of the past 12 quarters and laid off tens of thousands of people in recent years as it attempts to cut costs.

HP hopes that the two units will be worth more separately and be able to grow more quickly apart than they can together.

The planned breakup follows other big companies that have spun off business units



Hewlett-Packard is splitting into two companies. THE ASSOCIATED PRESS FILE

in order to drive growth. eBay Inc. last week said it would spin off its fastest-growing segment, payment service PayPal, into a separate publicly traded company.

HP first considered breaking off its PC unit back in 2011, but decided against it. CEO Meg Whitman, who has been leading the company's turnaround for the past three years, said Monday that HP has now shored up its business enough to support the split.

**THE ASSOCIATED PRESS**

## Market Minute

**DOLLAR**  
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Natural gas: \$3.91 US (-\$0.09)  
Dow Jones: 16,991.91 (-17.78)

**TSX**  
14,743.12 (-46.66)

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**GOLD**  
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# GETTING OLD SUCKS – OR DOES IT?

As I enter my late 20s (OK, *very* late 20s), I've noticed many of my peers complaining about getting old. This is ridiculous, of course, since nobody born in the 1980s has any legitimate claim to being over the hill.

We live in a culture that glorifies youth, but aging is actually a privilege — and unfortunately it's not a privilege that everyone gets to experience. Whether it's down to luck, lifestyle or good genes, every single birthday is a milestone worth celebrating.

Like a fine wine or mature cheese, most human beings actually get better with age. I might groan about lower back pain and the emerging lines on my face (wear sunscreen, kids), but I'm enjoying the many positive side effects that come with getting old(er):

• **Acquiring New Skills:** Age certainly does bring wisdom, thanks



**SHE SAYS**  
**Jessica Napier**  
metronews.ca

to all of the mistakes you make and life lessons you learn along the way. I'm not profoundly more intelligent than I was at 22, but I have reached new levels of competence when it comes to knowing how to reset my wireless router and navigate a foreign public transit system.

• **Forgetting about FOMO:** In my early 20s, I was very concerned with enjoying the same experiences as everyone else. I would throw on a party dress, down an espresso and force myself to go out even when I was utterly exhausted, because I was afraid of missing out on the fun I assumed I was supposed to be having. Now that I'm older and I've been there, done that, I don't feel guilty about staying in anymore. I've learned to truly appreciate the value of alone time, which is why I now feel OK about spending a Friday night drinking red wine and browsing through casserole recipes on Pinterest.

• **Increased Productivity:** The aforementioned low-key evenings

mean weekend mornings no longer involve rolling out of bed midday with a throbbing hangover. Last Sunday I went for a run, bought a week's worth of groceries and finished three loads of laundry, all before noon. Acting like a pyjama-clad sloth during daylight hours is just not acceptable anymore — unless the Polar Vortex returns of course.

• **Better Relationships:** When you have a home, a job, and a variety of adult responsibilities, you don't have a lot of free time to spend with friends. Thus, the precious hours that you do have for socializing aren't wasted on undeserving faux friends who make you feel bad. Drama and gossip might have been salacious novelties in high school, but who has time for that anymore?

• **Self-Love:** Perhaps the most rewarding part of the aging process is an increased feeling of comfort and confidence in your own skin. With every passing year I feel more self-assured, accomplished and fulfilled with the person I've become. I guess all of that youthful jealousy and insecurity dissipates when you realize that focusing on your own happiness is much more rewarding than fixating on other people's perceptions of you.

## Metro Bitstrips caption contest

Today's winner:  
**Elrich Foster**



## Become a cartoon star!

Visit [metro.bitstrips.com](http://metro.bitstrips.com) on your mobile device to create an avatar and add your caption to the next comic. The funniest entry will be printed here and you'll be able to check out the runners-up by scanning the cartoon with your Metro News app.

**Bitstrips**

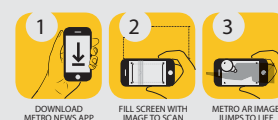


SEE THE NEWS COME ALIVE

In this issue, you can find AR enhancements on page 15 in Scene.

To see these pages spring to life, download or update the Metro News app and follow these three easy steps:

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2. Hold your device over any image that has the AR logo near it. Wait for the green scan bar to read the image!
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**MetroTube**



## Strange overtones giving us good vibrations



**ANDREW FIFIELD**  
andrew.fifield@metronews.ca

Hey, everyone! Are you in the mood to hear something cool? Of course you are. So get introduced to the absurdly talented multi-instrumentalist singer, Anna-Maria Hefe, who specializes in polyphonic overtone singing — which pretty much means singing more than one note simultaneously. She sort of sounds like a theremin, while her hand gesture sort of looks like she's playing one. (Anna-Maria Hefe/YouTube)



SCREENGRAB

**Twitter**

@metropicks asked: Despite valiant efforts, a man failed to get to Bermuda in a homemade floating "Hydro Pod." What outlandish journey would you attempt to take?

@kingperry: I do hope to use a hovercraft to scale a mountain that isn't so steep. #Alps? #Kilimanjaro?

DVD review



**Live Die Repeat:  
Edge of  
Tomorrow**

Director. Doug Liman,  
Julianne Jordan

Stars. Tom Cruise,  
Emily Blunt

.....

This Tom Cruise action vehicle is going out on disc with the action title it should have had this past summer, instead of the soapy *Edge of Tomorrow* — which likely scared off a few potential viewers. But the handle really doesn't matter. For once, Cruise is fully engaged with a role, instead of merely selling it. He proves this over and over again in the film's time-looping format, which requires a coward to repeatedly die if he hopes to be reborn as a hero. He's protecting Earth against invading spidery giant aliens. You kill one, and 10 more come after you. Cruise gets grand support from a terrific co-star (a buff Emily Blunt), a smart director (Doug Liman, *The Bourne Identity*) and a bright screenplay adapted from Hiroshi Sakurazaka's popular 2004 novel *All You Need Is Kill*. *Live, Die, Repeat* has so much going for it — there are even a few good laughs — you can easily forgive the climactic nonsense involving a world cultural landmark that plays like a sci-fi riff on *The Da Vinci Code*. **PETER HOWELL**

# Director weaves a tangled World Wide Web in film

**Men, Women & Children.** Jason

Reitman created his own virtual world for film about the way the Internet affects us



**NED  
EHRBAR**

Metro World News in Hollywood

To make a movie about the Internet, sometimes you need to build your own Internet. At least that was Jason Reitman's approach for his latest film, *Men, Women and Children*, about how technology complicates people's attempts at love, sex and connection.

**So, the Internet.**

I'm living in an age of uncertainty in my business, which is caused by the Internet, which has brought uncertainty to so many people's lives — in their jobs, love relationships and relationships with their children. It is a moment of great question. It is the dawn of an industry like humanity has never seen. I don't think that the printing press comes close. It is something that relates to everybody. It's clear that nobody has any answers. You can watch as many TED conferences as you want, we just don't know.

**You're dealing with a lot of traditional relationship problems, though. How much do you think the technology changes the situation?**

It's the ability to communicate



Scan this image with your Metro News app to watch an interview with director Jason Reitman on what it's like working with actors like Jennifer Garner. CONTRIBUTED

with strangers, to communicate with the unknown. And the ability to find it. The moment in a relationship when you go from cellphone face up (on the table) to cellphone face down. Yeah, things have changed and there's opportunity, but it's opportunity to follow human desire that has been around forever. And that can be desire for true intimacy or infidelity or to get into trouble. That's always been there. The Internet is this curiosity box that allows us to explore everything inside us whether it's good or bad. Everything is instantaneous,

and the availability to young people threatens the concept of innocence, if you believe in it at all.

**What was your process for tackling the problem of making people staring at their phones and computers look interesting onscreen?**

We had to build the Internet; the Internet is a location in this film. We can't just put an actor at a desk and say, "Go to Facebook." Because if you go to Facebook you're going to wind up on a page with lots of people who are not cleared, making lots of comments that

are not cleared, taking pictures that are not cleared with ads that are not cleared. This whole movie is people interacting with the Internet, their tablets, their phones, and I wanted it all to be real. So we built the Internet as a location to the actors. For every scene we built our own software that would emulate the Internet that would have pages you could navigate where every user, every like, every ad was our own. The first thing was to create an Internet that we 100 per cent recognize the way that we would recognize ... Starbucks or Gap.

2  
SCENE

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# Novel salutes 'city of neighbourhoods'

**Adult Onset.** Author Ann-Marie MacDonald implores fans to 'quit the Toronto bashing'

Ann-Marie MacDonald made a carefully calculated decision to showcase Toronto in her new novel *Adult Onset*, which includes hyper-detailed descriptions of coffee shops, convenience stores and hipster lingerie boutiques in the city's Annex neighbourhood.

"I thought, 'Gee I'm going for it here. I'm really going to set it here, here's Bathurst and Bloor, and this may or may not fly with people,'" she said.

"Because everyone likes to kick Toronto around. Like, internationally, we're known for some very important things but we're not known for our neighbourhoods. And the rest of Canada likes to resent us for some fantasy of what they think Toronto is."

At this point, her thespian background kicks in. "Folks, just come to Toronto and quit the Toronto bashing," she

pleads. "It's not simply the marvellous city of the Toronto film festival ... it's also a city of neighbourhoods."

Inhabiting those neighbourhoods in *Adult Onset* (Knopf Canada) is MacDonald's protagonist, Mary Rose MacKinnon, a successful author whose career is on hold as she navigates the relentless routine of caring for her two small children and a dog, while her partner Hilary is out West directing a play.

Amid a fatigued haze of tantrums, meal-making and mundane chores, Mary Rose ruminates on the past, and how her parents dealt with a childhood health issue that still nags.

Fans have been eagerly anticipating this novel, the author's first since 2003's *Scotiabank Giller Prize-shortlisted The Way the Crow Flies*.

She's been far from idle in the interim, busy with film and theatre work, hosting CBC's *The Doc Zone*, and raising two children with her partner, playwright and theatre director Alisa Palmer (the family is currently living in Montreal).

Although some authors balk at questions about whether



Ann-Marie MacDonald's new novel is set in Toronto's Annex. THE CANADIAN PRESS

their fiction is biographical, the issue seems unavoidable with *Adult Onset*, which took four years to write.

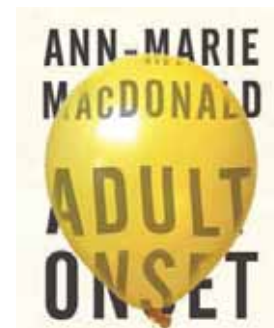
MacDonald chuckles at the query, saying it's one she's fielded for every one of her books — including her 1996 debut novel, the Oprah Winfrey-anointed drama *Fall on Your Knees*.

"The truth is that they're all autobiographical," she said.

MacDonald, 55, is not suggesting the events in her books "concretely happened," just that they are her "portal onto this world."

She calls *Adult Onset* an "extraordinary challenge," asking permission to describe her process in theatrical terms.

"It's almost like I thought, 'I am going to do something very low-tech, I am not going to



## Quoted

"I thought, 'Gee I'm going for it here. I'm really going to set it here, here's Bathurst and Bloor, and this may or may not fly with people.'"

Author Ann-Marie MacDonald, on her new novel, *Adult Onset*, set in Toronto

have a lot of lighting, props, set, costume — bare stage, almost a one-woman show," she said. "Acoustic, there's a stool in the middle of the stage."

The experience of *Adult Onset* clearly wasn't an easy one. The author jokes that if she ever writes another book, it'll be set "in a land far away in a time long ago."

Despite her long list of accolades, MacDonald confesses to being "tremendously nervous" about the novel's release, which includes a book trailer, something she's wanted to do since *Fall on Your Knees*. She's also excited about discussing

her work publicly, saying the book "doesn't exist" until it's being read.

And she's looking forward to introducing readers to Toronto through her loving descriptions of its neighbourhoods, something she considers a "gift to the people who care" about the city and an "invitation" to those who don't know it well.

"One book feeds another and another and another, until we build up an image bank, such that, down the line, a reader in the Netherlands comes to the corner of Bathurst and Bloor and has a sense of what that is."

THE CANADIAN PRESS

## Blossom Domestic Short Hair

Three-year-old Blossom came to us with her sisters and brothers after her owner could no longer care for them. She's a very tiny lady with a big heart who loves to have her chin rubbed and her ears scratched. Give her any sort of attention to enjoy the wonder of her purr motor. Blossom would like a home with another cat as she has lived with other kitties her whole life. However, she would also be perfectly content as a spoiled only feline. **No matter where she goes, she will be a perfect addition to any family!**



For more information on **Blossom** and other adoptable furry friends, visit [www.pas.spcans.ca](http://www.pas.spcans.ca) or contact the Nova Scotia SPCA Provincial Animal Shelter at 902-468-7877 or [info@pas.spcans.ca](mailto:info@pas.spcans.ca)

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## Online petition

### Are the Ewings done? Fans hope to save Dallas

Late last week, TNT announced the end of its *Dallas* reboot after three seasons. The news is devastating for the show's die-hard fans, who are taking action with an online petition.

Has the small screen seen the last of the Ewing family? Maybe not. In an Oct. 3 release, TNT announced it would discontinue its reboot of the iconic 1980s soap opera. As the trade press has been quick to point out, the network likely gave up hope due to the show's declining ratings.

While the premiere in 2012 was watched by close to seven million viewers, the latest episodes barely attracted three million.

Though the network has declared there will be no Season 4, *Dallas* fans are hoping to turn things around. The online petition *Help Save Dallas TNT* has already been signed by 46,000 fans. The goal is to collect six million signatures, which might convince the network to rethink its decision. **AFP**

## Twin Peaks. Ready to make the best of a bad Bob, again



David Lynch, creator of *Twin Peaks* **AFP FILE**

As the rumours became increasingly persistent, David Lynch finally made it official on Twitter: The cult series *Twin Peaks* will return to TV. Premiered in 1990, *Twin Peaks* was only on the air for two seasons but is remembered as one of the most influential shows in American TV history.

Created by Mark Frost and David Lynch, the drama depicts the investigation into the mysterious death of Laura Palmer in the sleepy town of *Twin Peaks*.

A few months ahead of the show's 25th anniversary, fans have been hoping for a third season, particularly in light of a number of enigmatic tweets from the creators. Long denied, the comeback could

ultimately become a reality ... but not until 2016.

David Lynch himself finally confirmed the news on Twitter on Monday, with a link to a YouTube video and a short message: "Dear Twitter Friends ... it is happening again."

The video shows the beloved *Twin Peaks* sign, Laura Palmer's face in front of the red curtains and the captions "25 years later" and "2016." The clip ends with the Lynch/Frost Productions logo, confirming that the famous director is producing this reboot.

Long rumoured, the third season will finally become a reality on Showtime. Excited fans are already wondering whether it will be worth the 25-year wait. **AFP**

## Bieber and Selena back on for the 958th time

Never let it be said that Justin Bieber isn't a show-off. And this week he's apparently showing off that his on-again, off-again relationship with Selena Gomez is very much on again — or at least her relationship with his shoulder tattoos. Bieber posted — then quickly deleted — a selfie to Instagram of Gomez cuddling up behind him, smooching his upper arm while he offers his usual eyebrow-raised, open-mouth confused tough guy look that always makes me think of Corey Haim. The photo was maddeningly free of caption or context, but they seem happy. In related news, according to comments on the photo, the reigning celebrity couple nickname for the pair is "Jelena," but I honestly would've gone with "Gober."

## Restraining order sees Reeves resting easy

Keanu Reeves hopefully won't have to worry about Kerry Colen Raus, the woman who was caught trespassing at his home last month — for a little while, at least. The Matrix star has received a temporary restraining order against her, according to TMZ. The temporary order could be extended after a review hearing on Oct. 22. Raus was arrested in September after she took a dip in Reeves' pool followed by a shower in his house. She is currently in a psychiatric facility.



Keanu Reeves

### The Word

## The business of being a baby of Blake



NED EHRBAR  
Metro in Hollywood

Blake Lively is pregnant, and she announced it by trying to hock some maternity wear on her lifestyle website, Preserve. How delightful. Instead of officially acknowledging Lively's incubation in any direct manner, the site instead includes a photo of the former Gossip Girl star cradling her baby bump along with a lengthy explanation of how the fledgling online outlet has been missing out on a lucrative market segment.

"We have something for men, for women, for the old, but we realized we don't have anything for the new," the Preserve editors write. "With family on our mind, we looked to the origin of it all — to the women in our lives who are right there, at that special



moment; the creation of family." Naturally, the two items Lively is wearing in the photo are available for sale on the site.

This will be the first baby and marketing tool for Lively and husband Ryan Reynolds, who met while filming the Green Lantern

and tied the knot in 2011. As the site's lengthy post says, "Congratulations to all the expecting mothers out there." We can only assume that includes Lively.

Now, can someone point out which products on the site are "for the old"? Because this I've got to see.

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

## Justin Theroux-ly annoyed by the press pointing to a biological clock

Speaking of family planning, Justin Theroux really doesn't appreciate all the pressure everyone's putting on him and Jennifer Aniston to tie the knot and have a family. While he tells Australia's TV Week that he couldn't be happier "personally and professionally," the constant nagging from the press is getting a bit much. "I am not going to let a tabloid tell me what to do," he says. "I'm not going to watch them tap their watch. What the hell are you telling me to do?" Honestly, Justin, it's pretty obvious what they're telling you to do, and it doesn't sound like such a chore, really. "We're just doing our own thing," he adds. "We're



Justin Theroux  
ALL PHOTOS GETTY IMAGES

completely happy, obviously, but we're not on anyone else's time frame." Well, if you change your mind, Blake Lively has some really lovely baby clothes and maternity wear to sell you.



Bob Odenkirk

## Sing a song of Saul: Fans of future series get teased with a tune

Breaking Bad fans, rejoice. While the show's upcoming spinoff Better Call Saul doesn't premiere until February, AMC is whetting appetites with a delightful country-western music video tribute to the series and its titular crooked strip

mall lawyer, Saul Goodman (played by Bob Odenkirk). The song, performed by Junior Brown, features lyrics written by show creators Vince Gilligan and Peter Gould chronicling the many pickles Saul's clients may find themselves in.



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# Drink (or not) to your health

**Studies.** Here are the latest findings on wine, tea and energy drinks

**EVA KIS**  
Metro in New York City

When it comes to our diets, we tend to focus on the foods we eat. But increasingly, scientists are looking at what we drink as having a significant impact on our well-being. We rounded up three recent studies analyzing some of the most common beverages, with mixed results.

## Wine

The heart-healthy benefits of wine have been used to justify having another glass at many a dinner party. But there's a catch.

The aptly named In Vino Veritas (In Wine, Truth) study found that wine only protects against cardiovascular disease by lowering cholesterol in people who exercise.

Though evidence for wine's heart-boosting properties has been mounting for two decades, this is the first study that looked at its long-term effects on both types of cholesterol, which can foreshadow atherosclerosis (the buildup of plaque on the walls of arteries).

Professor Milos Taborsky of Palacky University in the Czech Republic found that red and white wines had the same effect: Both wines, when drunk regularly and in moderation, lowered levels of bad cholesterol (LDL), and red wine drinkers had lower cholesterol overall.

But among people who exercised at least twice a week, the addition of wine not



Go ahead and have a cup of tea. It has antioxidants that may provide survival benefits. ISTOCK

only raised their good cholesterol (HDL), it decreased LDL and total cholesterol for both red and white wine drinkers. Cheers!

## Tea

Brewed leaves just pulled ahead of brewed beans in the competition over which is better for you between tea and coffee.

A study of 131,000 French people aged 18 to 95 found that having a cuppa cut the risk of non-cardiovascular death by 24 per cent, based on blood pressure and overall health.

The research found that coffee drinkers had worse heart health, especially when

it came to smokers (a whopping 57 per cent of people who drank more than four cups per day smoked.) Among tea drinkers, fewer overall smoked, especially those who drank more than four cups daily (29 per cent). Exercise rates were comparable between the groups.

Men tended to drink much more coffee than women, who vastly preferred tea. Interestingly, most of the benefits of tea were found in current or ex-smokers, with little effect on non-smokers.

Study author professor Nicolas Danchin summed it up by saying: "Tea has antioxidants, which may provide survival benefits. Tea drinkers

also have healthier lifestyles. So does tea drinking reflect a particular (personal) profile, or is it tea, per se, that improves outcomes? Pending the answer to that question, I think that you could fairly honestly recommend tea drinking rather than coffee drinking, and even rather than not drinking anything at all."

## Energy drinks

A new study presented at the European Society of Cardiology congress has definitively linked energy drinks with heart problems.

The typical 8.4-ounce energy drink contains about two espressos' worth of caffeine, which causes calcium to

be released in cardiac tissue. This affects the heart's ability to contract and use oxygen, according to professor Milou-Daniel Drici of France's University of Nice.

Because the drinks are popular in clubs and during physical exercise, people tend to drink more than one at a time, increasing their risk of an adverse reaction, such as angina (chest pain due to poor blood flow to the heart) and even death.

Drici concluded that "the general public need to know that so-called 'energy drinks' have absolutely no place during or after physical exercise, as compared with other drinks designed for that purpose."

**ocean OPTOMETRY**

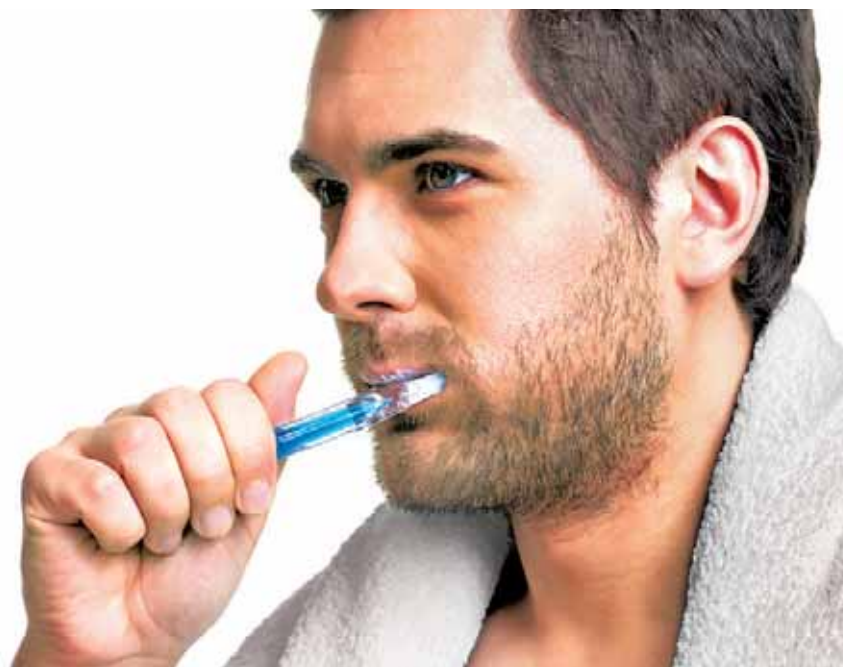
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**TOP SIX @ 6** Weeknights at 6 Jillian counts down the HOTTEST songs of the day

- 6 Shawn Mendes Life of The Party
- 5 Taylor Swift Shake It Off
- 4 Jeremih ft YG Don't Tell 'em
- 3 Jessie J, Ariana Grande & Nicki Minaj Bang Bang
- 2 Nicki Minaj Anaconda
- 1 Meghan Trainor All About That Bass

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SHUTTERSTOCK PHOTOS

# Take a bite out of winter with the right toothbrush

## Follow the proper technique when brushing your teeth

For many Canadians, heading out and enjoying winter activities is a favourite pastime. But for those with sensitive teeth, sharp pain squashes the joy of winter when cold air hits their teeth.

Those of us with sensitive teeth know the feeling — that twinge of pain the moment something cold hits their teeth. It's caused by exposure of the nerve, which is the result of hard brushing, along with sugary and acidic foods, slowly stripping away the protective enamel of the teeth.

"Many people are not mindful of their technique or hurry when they brush, which can lead to abrasion of the teeth, especially at the gum line," says Toronto dentist Dr. Janet Tamo. "Eating or drinking sugar or citrus can also cause decay and sensitivity."

It's not an uncommon problem — about two-thirds of Canadian adults experi-

ence the discomfort of sensitive teeth. And many of us go to great lengths to avoid those unwelcome stabs of pain.

"Many people use avoidance as their primary technique," Tamo says.

She lists avoiding hot or cold foods and beverages, sipping drinks through a straw and keeping your mouth shut while outside in the cold as common ways that people try to dodge the pain. Some go so far as to cover their teeth with mouth guards when exposing them to cold.

There are a variety of things you can do to ease the pain and get back to your enjoyment of winter. Start by talking to your dentist or hygienist for advice.

"They can instruct you on proper brushing and flossing technique to avoid damaging the teeth and gums," Tamo says. "They can also do a diet analysis to determine if there's too much sugar or acid in your daily diet."

One great way to ease the pain of sensitive teeth is with the right toothbrush and toothpaste.

Just in time for this winter season, Crest is launching Crest Sensi, a new

line of products specially formulated to help with sensitive teeth. And Crest has partnered with National Hockey League Stanley Cup

champion and Sochi Olympic gold medallist Martin St. Louis and his wife, Heather, to introduce the lineup to Canadians.



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## CREST HELPS DEFEND AGAINST PAIN

You don't have to let the pain of sensitive teeth bench you this winter. Try new Crest Sensi products and defend yourself against the pain of sensitive teeth: Crest Sensi-Relief Whitening plus Scope Toothpaste in Minty Fresh; Crest Sensi-Relief Whitening Toothpaste in Clean Mint; and Oral-B Sensi-Soft Toothbrush.

Crest Sensi-Relief Whitening Toothpaste in Clean Mint whitens teeth by gently

removing surface stains while soothing the nerves in your teeth, using potassium nitrate (5%w/w), the No. 1 recommended desensitizing ingredient for at-home sensitivity relief by dental professionals in Canada in 2013.

Crest and Oral-B Sensi products are available at Shoppers Drug Mart. For more information, please visit [crest.com/en-CA/](http://crest.com/en-CA/) or [facebook.com/crest](http://facebook.com/crest).

# Stuff more than turkey this year, and make it gluten-free, too

## Health Solutions

### Digging in the cereal box



**NUTRI-BITES**  
Theresa Albert  
DHN, RNCPT  
myfriendinfood.com

You know you've done it: had a bowl of cereal for dinner — especially after a big meal like Thanksgiving.

You can take a shortcut once in a while as long as you pay attention to what comes out of that box.

Many cereals are made with ingredients that have been depleted of nutrients: white flour and sugar, and flavourings. There is then a fortification of liquid multi-vitamin tumbled on at the end of the process. Not only does that defeat the purpose, there has been some recent news that some of the nutrients can contribute to dangerous levels of some fat-soluble vitamins.

"Most people don't keep track of all of the ways they are consuming fortified

foods, or their cumulative effects," says Darren Mahaffy, vice-president of marketing of Nature's Path Foods, which uses organic whole grains and real foods that are naturally nutrient-dense.

Once you are sure you are consuming real food, there are many ways to use cereal:

- Toss in with popcorn for a sweet and salty snack
- Place into baggies for dry, pre-exercise snacks
- Use as a base for stuffings and crispy toppings
- Make into bars and crumbles for desserts

Here is what I like to see on a cereal box:

- Whole grains only, preferably organic
- Wheat-free
- Short list of ingredients
- Nuts, seeds, ancient grains
- 100 to 150 calories per cup
- 3 to 10 grams of fibre (not from inulin)
- 2 to 10 grams of protein
- Any cereal containing soy or corn must be organic to avoid genetic modification
- Sugar and sodium should be as low as possible
- No added colours (some have negative impact on growing brains!), artificial flavours or fortification of vitamins. **THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM**



### Alternative Thanksgiving Week.

Vegan guests and those with celiac disease will dig into these stuffed apples

**THERESA ALBERT**  
myfriendinfood.com

### FLASH FOOD



From your fridge to your table in 30 minutes or less

Thanksgiving is what my family calls "forced family fun." Mix in your vegan relative and your gluten-free neighbour and you have a recipe for culinary disaster.

Here is a dish that will

#### Ingredients

- 2 stalks celery
- 1 carrot
- 1 onion
- 1 clove garlic
- 1 tsp extra virgin olive oil
- 1 tsp dried thyme
- 2 tsp poultry seasoning
- 1 tsp white pepper
- 1/2 tsp dry mustard powder
- Pinch salt
- 3 cups gluten-free Whole O's cereal (Nature's Path)
- 2 cups gluten-free vegetable broth
- 4 apples



**START TO FINISH ABOUT 30 MINUTES**

This Gluten-Free Stuffing Stuffed Baked Apples recipe serves four. THERESA ALBERT

please everyone with its beauty, nutrition and deliciousness.

It's a simple way to turn ho-hum stuffing into a focal point. Better yet, it can be eaten by any guest with almost any dietary restriction. Whew!

1. Preheat oven to 400 F.

2. Finely chop celery, carrot, onion and garlic and cook in skillet with oil for 5-8 minutes until soft. Stir in spices and toast Whole O's, 2 minutes. Add broth and simmer until absorbed.

3. Stuff into apples and bake for 10-15 minutes. Serve warm as a side dish.

**THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND TORONTO PERSONAL NUTRITIONIST. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM**



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# O'Brien battles his way to contract with Capitals

**'Epitome of determination.'**

Halifax hockey player signs three-year deal after getting passed up in NHL draft



**KRISTEN LIPSCOMBE**  
kristen.lipscombe@metronews.ca

From going undrafted by big-league teams, to getting a call from the Washington Capitals this summer only to kick off camp wheelchair-bound, Liam O'Brien learned how to overcome road bumps en route to his ultimate destination — the NHL.

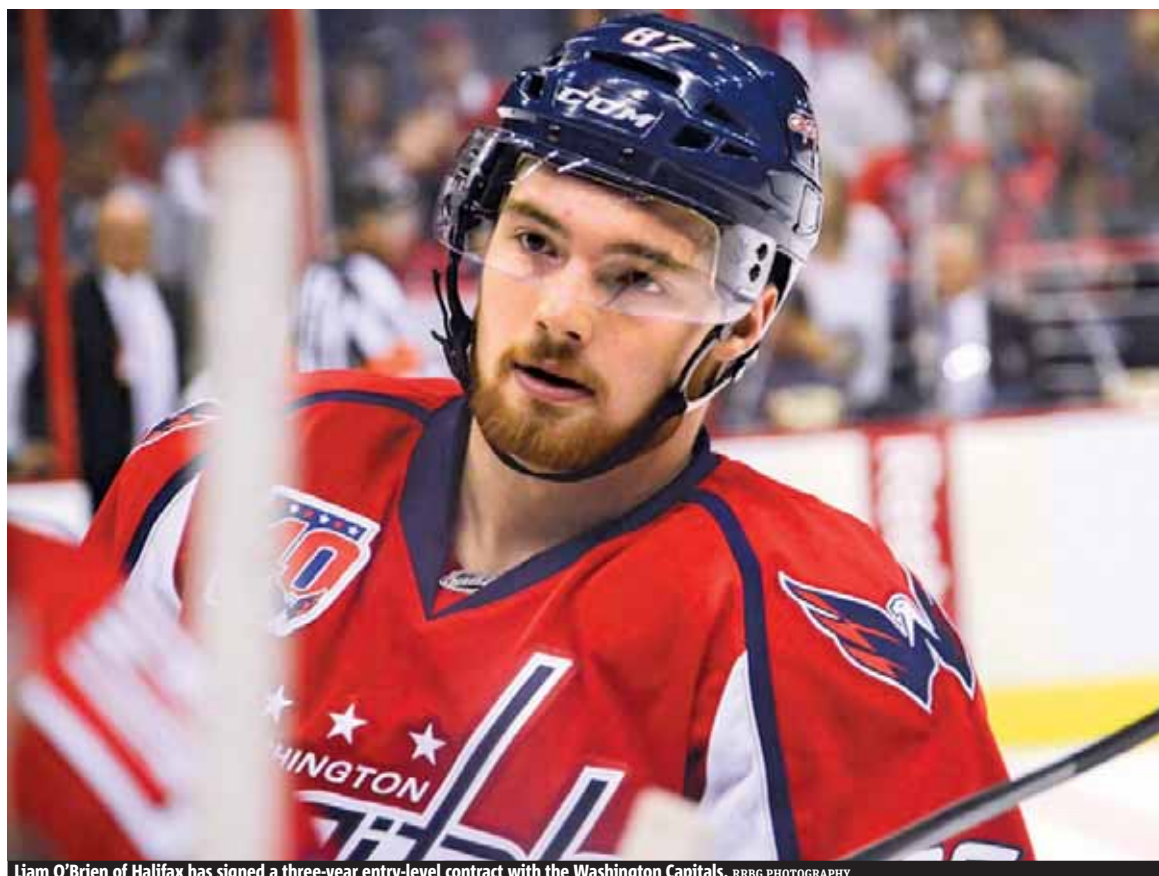
The 20-year-old free agent from Halifax inked a deal with the NHL franchise Monday. The three-year deal is worth \$550,000 in the first year and \$575,000 for the following two, O'Brien confirmed, as long as he plays with the Caps, or \$70,000 annually if he is sent down to the team's AHL affiliate, the Hershey Bears.

"To sign today was awesome," the six-foot-one, 210-pound forward said Monday, not long after the ink had dried on a contract that came perhaps unexpectedly in the eyes of some, but deservedly to those who know how hard he worked for that moment.

"When he went to Washington for the development camp, he went in a wheelchair, because he had an injury ... the day before he left," his father, Shawn O'Brien, said Monday. "He cut his ankle with his skate."

Much like he has done throughout his career, the left-winger with lofty goals persevered, and was on the ice in Washington a few days later.

"I had to push through it



Liam O'Brien of Halifax has signed a three-year entry-level contract with the Washington Capitals. RRBG PHOTOGRAPHY

to get that invite to the rookie camp."

Liam was selected 10th overall in the 2010 QMJHL Draft by the Rimouski Oceanic, but was twice traded, first to the Rouyn-Noranda Huskies midway through the 2011-12 season, and most recently in May to the Sherbrooke Phoenix, where he started this season.

In 261 career QMJHL games he garnered 42 goals and 53 assists. He also racked up 493 penalty minutes.

He was twice invited to

**Proud papa**

**"You don't manufacture a hockey player — it's got to be within and that's certainly the case with him."**

Shawn O'Brien on his son, Liam O'Brien, signing with the NHL's Washington Capitals

Pittsburgh Penguins summer development camps, but this year marks the first time he has advanced to fall rookie and training camps.

"He's always ... taken those disappointments ... and used them as motivation," Shawn said, getting choked up as he

spoke. "He's the epitome of determination."

Shawn, who coached him in minor hockey with the Halifax Hawks, said Liam is "fearless" when it comes to compete level, and has trained alongside a supportive network to become speedier and stronger.

Equally ecstatic mom Susan O'Brien said she "always knew he could do it," but is still pleasantly "floored."

"It's just this, 'Oh My God,' you're going to skate with Ovi (Alexander Ovechkin)!" she said with a chuckle.

"Just get back up and keep trying. That's what he did."

Liam said he was more "inspired" than disappointed to see friends get drafted into the NHL, while he didn't.

"I just never gave up," he said. "That's something that my parents have taught me."

## Maritime broadcaster named new voice of the Habs

Well-known Maritime sports television personality Dan Robertson is taking a big step up in the broadcasting world.

The senior sports producer for Eastlink TV, who has covered sports across Atlantic University Sport and the Quebec Major Junior Hockey League for a decade and a

half, is taking on a new position with TSN Radio 960, as play-by-play announcer for the NHL's Montreal Canadiens.

Robertson joins game



**Dan Robertson**  
CONTRIBUTED

analyst and 13-year NHL player Sergio Momesso in the broadcast booth, TSN announced Monday.

His new gig starts with Montreal's regular-season opener on the road in Toronto against the Maple Leafs, set for Wednesday at 8 p.m. AT.

Robertson grew up in

**#Habson690**

Follow Dan Robertson on Twitter at @DRTSN690.



Trenton but moved to New Glasgow with his wife Kathy and two children, Clark and

Victoria, according to an AUS news release.

"Dan Robertson is a true professional," AUS executive director Phil Currie has said of him.

"He often finds the details in a story that add a personal touch and truly connect the viewers."

KRISTEN LIPSCOMBE/METRO

4 SPORTS

# Cruz controlling O's destiny

## MLB playoffs.

Outfielder providing offensive spark for surging Baltimore

Nelson Cruz found vindication, happiness and many new friends as a member of the Baltimore Orioles.

To show his appreciation, the free-swinging slugger served as the driving force in the team's most successful season in 17 years.

Cruz led the majors with 40 home runs and finished third with 108 RBIs to help Baltimore win the AL East for the first time since 1997. As an encore, he homered twice in the Orioles' three-game sweep of Detroit in the Division Series, including the key drive in a 2-1 victory Sunday that thrust Baltimore into the AL Championship Series against the Kansas

City Royals.

"There have been parts of the year when he's carried us," shortstop J.J. Hardy said. "We wouldn't be where we are without him."

After playing much of the year without catcher Matt Wieters and third baseman Manny Machado, both sidelined by season-ending injuries, Baltimore lost first baseman Chris Davis to a 25-game suspension in September for using the amphetamine Adderall without a prescription.

All the while, Cruz remained the big bat in the lineup, setting career highs in homers, RBIs, runs (87), hits (166), walks (55) and total bases (322).

"I have to thank my teammates. Without them it would be impossible," Cruz said.

He could boast about his season, but why?

"Nelson is not a guy that

## More playoffs

Go to [metronews.ca](http://metronews.ca) for more MLB playoff coverage, including results from Monday night's NLDS games.



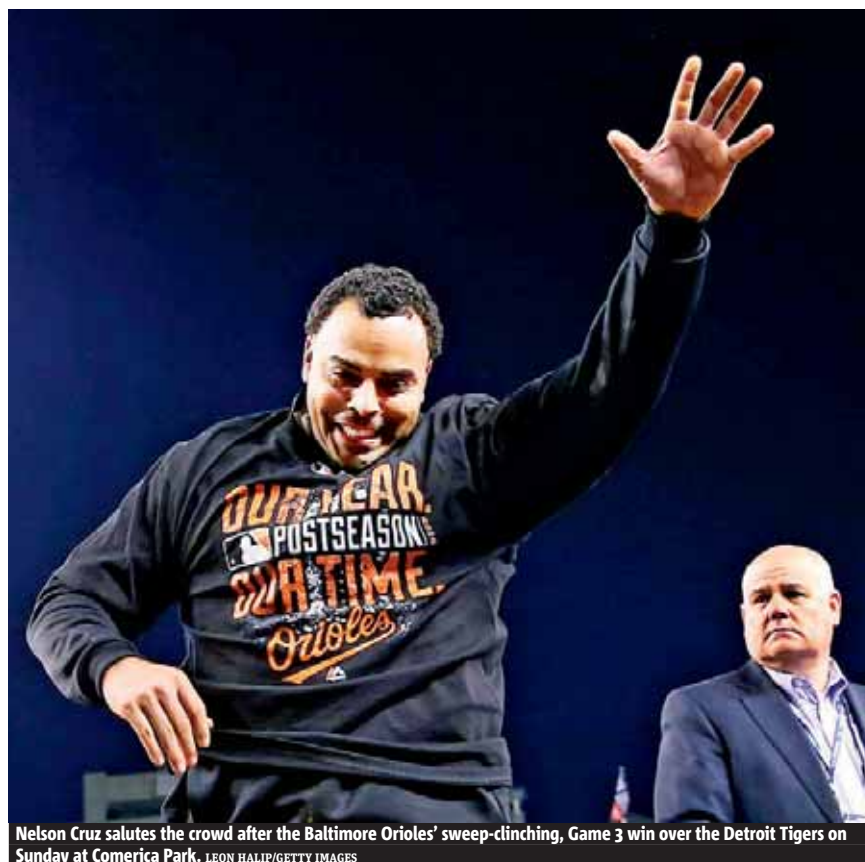
ever is tooting his own horn," Orioles manager Buck Showalter said. "It's pretty hard for other people not to toot it for him and I think that's what you respect about him."

Cruz, 34, does his part with a potent bat and an engaging smile.

Coming off a 2013 season with Texas in which he served a 50-game suspension for violating MLB's drug agreement in relation to the Biogenesis investigation, Cruz spurned a \$14.1-million qualifying offer from the Rangers. He ended up with an \$8-million, one-year deal with Baltimore, earned another \$750,000 in roster bonuses and got \$50,000 for making the AL all-star team.

"I love it here. I love the fans, I love my teammates," Cruz said in late September after being voted Most Valuable Oriole by the media.

THE ASSOCIATED PRESS



Nelson Cruz salutes the crowd after the Baltimore Orioles' sweep-clinching, Game 3 win over the Detroit Tigers on Sunday at Comerica Park. LEON HALIP/GETTY IMAGES

## One-year wonder?

"Hopefully I stay here, we work something out. We have an important thing going on in front of us, so after the season is over we'll figure it out."

Nelson Cruz on re-upping with the Orioles when his one-year deal is up after this season.

# Jackets get Johansen deal done in nick of time



Ryan Johansen and the Columbus Blue Jackets agreed to a three-year, \$12-million deal on Monday. JAMIE SABAU/NHLI VIA GETTY IMAGES

Ryan Johansen missed most of training camp in a loud and public contract impasse.

He also missed his teammates.

The team's 22-year-old leading scorer finally reached agreement with the club on a three-year deal that will pay him \$3 million US each of the first two years and \$6 million in the third year. The cap hit will be \$4 million per season, according to figures supplied by the office of Johansen's agent, Kurt Overhardt.

"I'm really excited to have

this deal done," Johansen said in a statement. "I can't wait to rejoin my teammates, coaches and our fans in Columbus and help this team build on what we've started the past two seasons."

Coach Todd Richards was happy to have Johansen returning and also be rid of the distraction of the strained negotiations.

"(The signing is) nice on a couple of fronts," Richards said. "We're getting a good player back and with everyone else it's not a story or a distraction

## No time to catch up

Pending travel and visa arrangements, Ryan Johansen, who was in his native Vancouver area when the deal was announced, was expected to be available for the Blue Jackets' season opener on Thursday night in Buffalo.

that's lingering in the background."

Johansen had totalled just 14 goals and 19 assists in his

first 107 NHL games before exploding for 33 goals and 30 assists in 82 games last season, while leading the club to its best regular-season record ever and a berth in the playoffs.

But he was a restricted free agent and the negotiations soon got ugly.

"Obviously I'm very pleased to get this over with," general manager Jarmo Kekalainen said. "I talked to Joey briefly already and just basically told him, 'Get your butt over here and let's get to work.'"

THE ASSOCIATED PRESS

## Tennis

### Bouchard hits new Canadian high

Eugenie Bouchard has become the first Canadian tennis player to reach No. 6 in the WTA world rankings.

The 20-year-old from Westmount, Que., has been in the top 10 since July, when she moved from 13th to seventh.

THE CANADIAN PRESS

## NHL

### Bouillon fails to make Habs' cut

Francis Bouillon's bid for another season with the Montreal Canadiens is over.

The veteran defenceman who was a favourite of coach Michel Therrien dating to their junior days in the 1990s was told Monday he would not be offered a contract. THE CANADIAN PRESS

## Mental health awareness

### OHL launches 'Talk Today' program

Seven months after the suicide of Saginaw Spirit forward Terry Trafford, the Ontario Hockey League is teaming up with the Canadian Mental Health Association to help players understand, recognize and treat mental health issues.

"We view the importance

of this subject matter, given the terrible tragedy that we all faced, that we had to maybe step up our efforts in this area and provide a more focused area of support," OHL commissioner David Branch said Monday.

The OHL's 20 teams will be assigned a mental health coach who will be available for players, coaches, parents, billets and other members of the organization.

THE CANADIAN PRESS

## USA Swimming

### Phelps banned for six months

Michael Phelps' comeback took a major hit on Monday, with USA Swimming suspending the 18-time Olympic champion for six months and forcing him to withdraw from next year's world championships.

Phelps also lost six months of funding from the

sport's national governing body as a result of his second DUI arrest. The 29-year-old is banned from participating in USA Swimming-sanctioned meets through April 6, 2015.

Phelps came out of retirement earlier this year with his sights set on competing at a fifth Olympics in Rio. Being barred from next August's worlds could put a serious dent in those ambitions. THE ASSOCIATED PRESS

## AUGMENTED REALITY

**Stuck on 12 Across?**  
**Scan this image with your Metro News app for today's crossword and Sudoku answers.**  
**It's OK. No one's watching.**



→ See the full instructions on Metro's Voices page.

## Horoscopes by Sally Brompton

### ♈ Aries

**March 21 - April 20**

Leave your responsibilities and worries behind and do something that inspires you. That applies to your personal life, too.

### ♉ Taurus

**April 21 - May 21**

What happens in your work environment will give you the chance to show how well suited you are to take on a leadership position. While others lose their heads you will be the picture of calm.

### ♊ Gemini

**May 22 - June 21**

Don't let anyone tell you that you are not entitled to enjoy the good things in life. Too often you have held back while those less talented but with bigger egos have pushed ahead. Time to reverse that.

### ♋ Cancer

**June 22 - July 23**

Have faith in your instincts. What happens over the next few days will prove you right so stick to your guns — you'll get the last laugh.

### ♌ Leo

**July 24 - Aug. 23**

According to the planets you are trying too hard. What you need to do is to sit back for a while and let life come to you.

### ♍ Virgo

**Aug. 24 - Sept. 23**

Work hard today but don't go to extremes. You will be more productive if you pace yourself and don't try to do everything at once. Be kind to yourself.

### ♎ Libra

**Sept. 24 - Oct. 23**

Keep affairs of the heart on a fun level. The more you try to force a relationship in a certain direction the more the one you love will feel pressured.

### ♏ Scorpio

**Oct. 24 - Nov. 22**

There is no need for regrets or remorse. Set your sights on the future and make it the best it can possibly be. It's tomorrow that matters.

### ♐ Sagittarius

**Nov. 23 - Dec. 21**

Your circumstances will change for the better over the next few weeks but over the next few days there will be times when it seems as if things are moving backwards. Be patient.

### ♑ Capricorn

**Dec. 22 - Jan. 20**

If you acknowledge your weaknesses now you will be operating from a position of strength later in the week.

### ♒ Aquarius

**Jan. 21 - Feb. 19**

You know that something good is going to happen but you also know you may have to go through a rough patch first. Take what happens today and tomorrow in your stride.

### ♓ Pisces

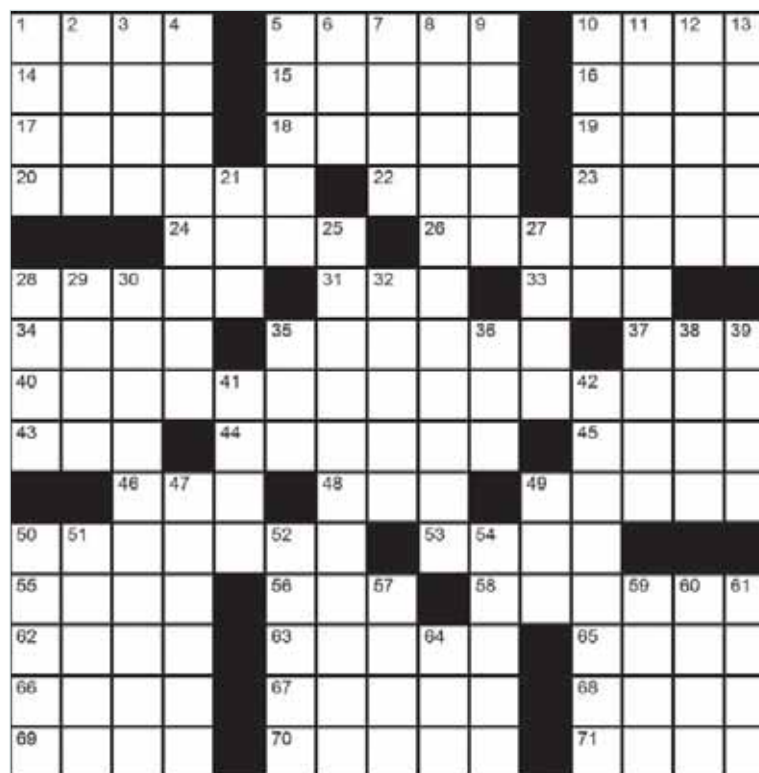
**Feb. 20 - March 20**

It may at times seem as if the world is coming apart at the seams but from a higher perspective things have never been better. Trust more and smile more.

## Crossword: Canada Across and Down by Kelly Ann Buchanan

### Across

1. Canadian artist, Wanda \_\_\_\_
5. This thingy in music: #
10. Power, puny-ly
14. She, in Seville
15. Of the ear
16. Ms. Ward
17. Canadian Museum of Immigration at \_\_\_\_ 21, in Halifax
18. Priestess in Georges Bizet opera The Pearl Fishers
19. Lettered frozen dessert chain
20. Belonging to an incisor or molar, say
22. Fitting
23. 'Buck' add-on
24. Hawaiian feast
26. Nickname for Toronto
28. Finish by...: 2 wds.
31. Business excess
33. Workout unit, commonly
34. Pull in \$\$\$
35. 1987 U2 album: 'The \_\_\_\_ Tree'
37. Thrill \_\_\_\_ lifetime
40. War of 1812 artifacts: 3 wds.
43. Compass point
44. Witch in the musical Wicked
45. Ancient's 8
46. Slamming sound!
48. Slimy stuff
49. Celebrations
50. Extend
53. Benefit
55. Li'l math course



56. Plane's take-off info
58. Foreigner hit
62. \_\_\_\_-de-camp
63. \_\_\_\_ River, BC
65. Some punk music fans
66. Musical Lady

67. \_\_\_\_ circle (Those in the know)
68. Peril
69. Utopia
70. Valley in Ontario depicted by The Group of Seven
71. Fr. women-with-

halos

### Down

1. Held
2. Medley meal
3. Margarine
4. \_\_\_\_ Brothers: "Soul City" Canadian group

5. Dance style
6. Shade
7. Classical song
8. Calgary Stampers mascot: 3 wds.
9. Ancient philosopher
10. Ritzy expanse

11. City of the dead
12. \_\_\_\_ room (Enough space to move)
13. Silk-like fabric
21. Gilligan's dwelling
25. Type of occurrence in '77's "Close Encounters of the Third Kind": 2 wds.
27. Take greedily
28. "Mistakes of My Youth" band
29. Rob Roy's refusals
30. Moat crossing
32. \_\_\_\_ questions (Be inquisitive-not)
35. Summer mo.
36. Stage actress Ms. Hagen
38. Move, Hummingbird-style
39. Rummage sale tag notation: 2 wds.
41. Company bosses, collectively [abbr.]
42. Ralph Fiennes/ Uma Thurman spy movie, "The \_\_\_\_" (1998)
47. Greece-\_\_ Sea-Turkey
49. Tree type
50. Theatre's surface
51. Set of three
52. As You Like It role
54. Tony-winning actress/singer Ms. McDonald
57. Mr. Carvey
59. Send forth
60. Breather
61. Posh put-downs
64. Back the tape up, briefly

## Yesterday's Crossword



## Online

See today's answers at [metronews.ca/answers](http://metronews.ca/answers)

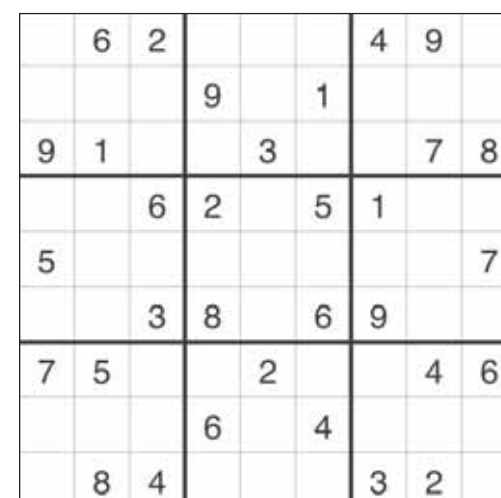
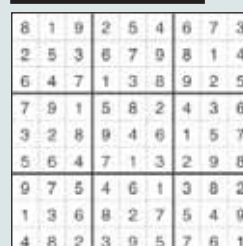


## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

## Yesterday's Sudoku



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